

Volunteers on Facebook

The Facebook group [Claresholm Covid19 Helpers](#) is a site where people can request help from others.

FCSS

FCSS is open to the public again with regular office hours.

Community programming is starting up again for seniors, families and youth. Check the FCSS Facebook page or www.claresholmfcss.ca for programming details.

For assistance, please call the FCSS office for help. (403-625-4417)

*Note: FCSS no longer provides a food hamper service.

Food Rescue

Near-expired, excess or damaged food that is still safe for consumption is collected from the grocery store and restaurants and provided free of charge to anyone requiring food support. Food Rescue is open every Monday, Wednesday and Friday.

During COVID-19, people must phone the Claresholm FCSS office (403-625-4417) or email claresholmfoodrescue@gmail.com to register for a box of food. They will then be able to schedule a pick up time or ask to have a volunteer deliver it to them.

Post COVID-19, this food, which might otherwise be thrown out, will be distributed at a “Market” at #1 4209 3rd Street East. People can receive a free bag of groceries each week (ONE BAG PER HOUSEHOLD).

Learn more through the Facebook page, “[Claresholm Food Rescue](#)”

The less food sent to the landfill, the better!

Food Bank

Continues to serve clients. Call Shirley Stange at 403-625-2092 for access, or with questions.

Pharmacies

Medication delivery to those unable to pick them up. Call pharmacy to arrange delivery.

IGA

Providing their regular delivery service of groceries. People can phone in their grocery order and the local taxi service will deliver it for a fee.